SENIOR TECH BASICS

Home Wi-Fi Security Checklist for Seniors

Tick Checked when complete, or Need help if you are unsure.

Do not write passwords on this checklist.

Date checked: _____

1. Check both passwords

Use different, long, unique passwords for Wi-Fi and router administration.

Replace a generic admin password. Store passwords securely elsewhere.

☐ Checked ☐ Need help

2. Check Wi-Fi security

Use WPA3 Personal where supported, or WPA2 Personal with AES.

Avoid WEP, original WPA and open networks. Ask about older devices before changing settings.

☐ Checked ☐ Need help

3. Review connected devices

Identify phones, tablets, TVs, printers and smart devices.

Confirm unfamiliar names before blocking. Change the Wi-Fi password if unwanted access is confirmed.

☐ Checked ☐ Need help

4. Separate guest access

If available, use a guest network with its own strong password.

Disable guest access to your local network. Ask your provider to confirm separation.

☐ Checked ☐ Need help

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5. Check router updates

Enable automatic updates if available, or ask your provider who handles them.

Use official sources. Keep power on during installation. Check that security support continues.

☐ Checked ☐ Need help

6. Review remote administration

Turn off access to router settings from outside your home if unused.

Ask your provider before changing unfamiliar settings. Keep the router firewall enabled.

☐ Checked ☐ Need help

7. Protect your management phone

Use a screen lock and automatic locking.

Protect the router app account with a unique password and two-step verification if available. Keep recovery details current.

☐ Checked ☐ Need help

Need assistance?

Use your provider's official app or a known telephone number. Ask a trusted person to explain changes before applying them.

Questions to ask (no passwords):